

## 2019 Winter/Spring Walking Schedule

Date	Walk to	Severity	Lunch	Leader
Jan. 01	*A street walk w/forest & shoreline (1) culminating at Polar Bear Plunge	Easy mostly flat (1)	Bay Side Inn	Jim
08	Pheasant Glen	Easy mostly flat (1)	Finale Approach	John
15	Cameron Lake	Easy flat (1)	French Creek Pub	Jay & Pam
22	Railway museum QB	Moderate hills (2)	Shady Rest	Glen
29	Hammerfest	some small hills (2)	Rod & Gun	Duncan
Feb. 05	Puntledge River E. (Beven)	Flat one mod. hill (2)	White Whale	Jim
12	Craig Bay	Easy flat walk (2)	Rocking Horse Pub	Wayne
19	Little Qualicum Falls	Some moderate hills (3)	French Creek Pub	Jay & Pam
26	Little Q. River from Kincade	One significant hill (3)	Deez	Duncan
Mar. 05	Jack Point @ Duke Pt.	Moderate hills (3)	Black Bear Pub	Glen
12	Englishman River Falls	Some moderate hills (3)	Trees	Wayne
19	E. River from Top Bridge	Some stairs (3)	Rod & Gun	John
26	north Loop lighthouse	Easy maybe wet (2)	Sandbar Rest.	Jay & Pam
Apr. 02	Holland Creek LadySmith	Significant hills (5)	Fox & Hounds Pub	John
09	Rosewall Creek	Mostly Flat (2)	Arrowsmith G & C Club	Glen
16	Cable Bay (Dodds N.)	Moderate hills (4)	Crow & Gate	Duncan
23	Notch Hill (Enos Lake)	Significant hills (5)	Fairwinds Clubhouse	Jay & Pam
30	Big Tree walk	Mostly flat (2)	Rocking horse Pub	Jim

**All walks leave from the vacant building (was White Spot) NW corner of Wembley Mall at 9:30 sharp (rain or shine)\* Jan 1st leave at 10:30 to coincide with Polar Bear Plunge**

Phone Numbers: Duncan, 248-2336, Glen 951-3149 or 228-7677 Wayne 949-0755, Jim 586-8877 or 306-227-9915, John 640-2377 and Pam & Jay 613-326-1109

Note: please car pool as much as possible, some places have limited parking.

